

DISORDERS OF GROWTH

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OUTLINES

- **Introduction**
- **Classification**
- **Abnormal cell growth**
 - **Atrophy**
 - **Hypertrophy**
 - **Hyperplasia**
 - **Neoplasia**
- **Abnormal cell differentiation**
 - **Metaplasia**
 - **Dysplasia**

INTRODUCTION

- **Definition of growth:**

Growth is increase in size and/or weight of an organ or the whole body; resulting from

-  NUMBER of the cells
-  SIZE of the cells
-  BOTH NUMBER AND SIZE of the cells

- **Definition of differentiation:**

Degree of STRUCTURAL and FUNCTIONAL maturity of the cells

INTRODUCTION

- **Factors affecting growth and differentiation:**

1. *Age*: children have rapid rate of growth

2. *Type of tissue*:

- Thymus grows rapidly during childhood then stops growing or even regresses in adults.

- Sex organs grow rapidly after puberty.

3. *Type of cells*:

- Labile.....???

- Stable.....???

- Permanent.....???

INTRODUCTION

- **Factors affecting growth and differentiation:**

4. *Genetic factors:* Tall and short individuals

5. *Nutritional state of the body.*

6. *Hormones:*

↑ growth hormone → Gigantism

↓ growth hormone → Cretinism

7. *Presence or absence of a chronic disease:*

Diabetes, TB & anemia ↓ rate of growth

INTRODUCTION

- **Features of normal growth:**

- Coordinated growth
- Regular rate of growth
- Limited rate of growth

- **Reparative growth:**

- **Definition:** Physiological replacement of damaged cells with new healthy cells.
- **Features:**
 - It has a stimulus
 - It has a purpose
 - It is limited

CLASSIFICATION

Abnormal cell growth

↓ cell growth

- Aplasia
- Hypoplasia
- Atrophy

↑ cell growth

Non-neoplastic

Neoplastic

CLASSIFICATION

Abnormal cell growth

↓ cell growth

- Aplasia
- Hypoplasia
- Atrophy

Normal DNA
Stimulus
Controlled

↑ cell growth

Non-neoplastic

Neoplastic

CLASSIFICATION

Abnormal cell growth

↓ cell growth

- Aplasia
- Hypoplasia
- Atrophy

Normal DNA
Stimulus
Controlled

↑ cell growth

Non-neoplastic

Neoplastic

Abnormal DNA
No Stimulus
Not Controlled

CLASSIFICATION

Abnormal cell growth

```
graph TD; A[Abnormal cell growth] --> B[↓ cell growth]; A --> C[↑ cell growth]; B --> B1[Aplasia]; B --> B2[Hypoplasia]; B --> B3[Atrophy]; C --> D[Non-neoplastic]; C --> E[Neoplastic]; D --> D1[Hypertrophy]; D --> D2[Hyperplasia]; E --> E1[TUMOURS (Next chapter)];
```

↓ cell growth

- Aplasia
- Hypoplasia
- Atrophy

↑ cell growth

Non-neoplastic

- Hypertrophy
- Hyperplasia

Neoplastic

- **TUMOURS**
(Next chapter)

CLASSIFICATION

Abnormal cell differentiation

Metaplasia

Dysplasia

Both

- Have a stimulus
- Are controlled

Abnormal cell GROWTH

ABNORMAL CELL GROWTH

- **Agenesis:**

- Completely absent organ: e.g. absent kidney

- **Aplasia:**

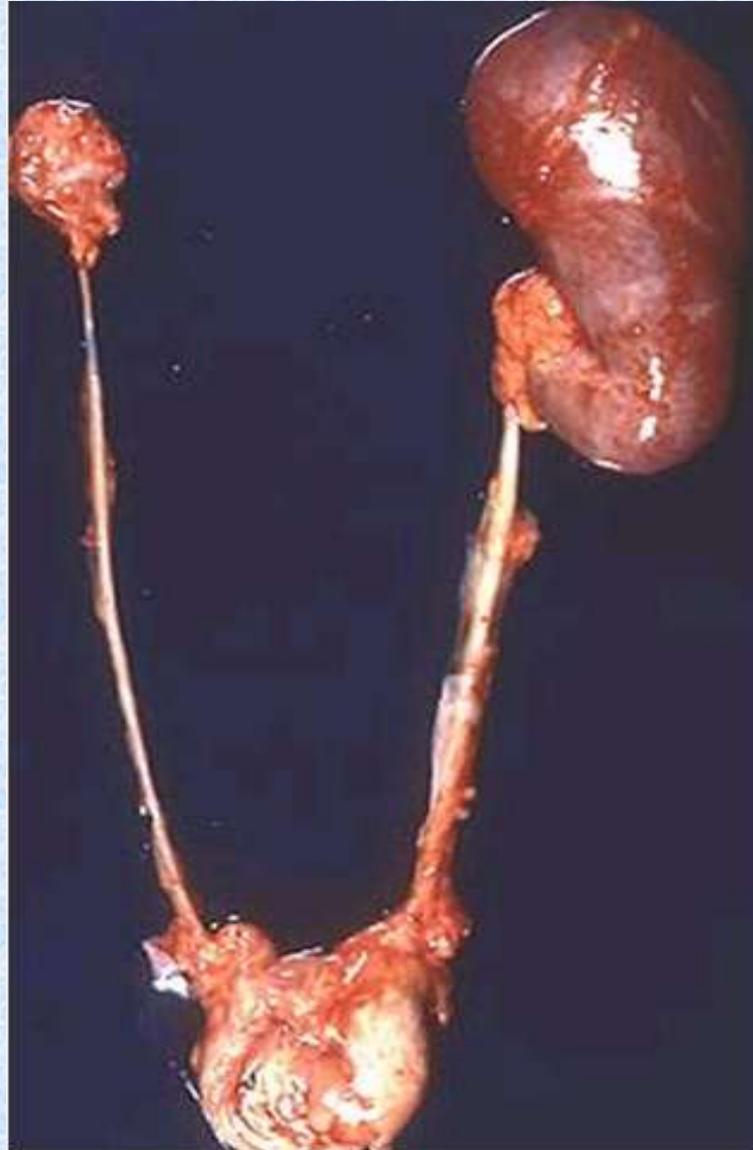
- Complete failure of development of an organ: e.g. Aplastic kidney

- **Hypoplasia:**

- Failure of development of an organ to a full mature size: e.g. hypoplastic kidney, hypoplastic testis

ABNORMAL CELL GROWTH

**Hypoplastic
kidney**



ABNORMAL CELL GROWTH

ATROPHY

ABNORMAL CELL GROWTH

- **Atrophy:**

- *Definition:*

Acquired ↓ in size and weight of an organ due to ↓ number and/or size of its cell constituent.

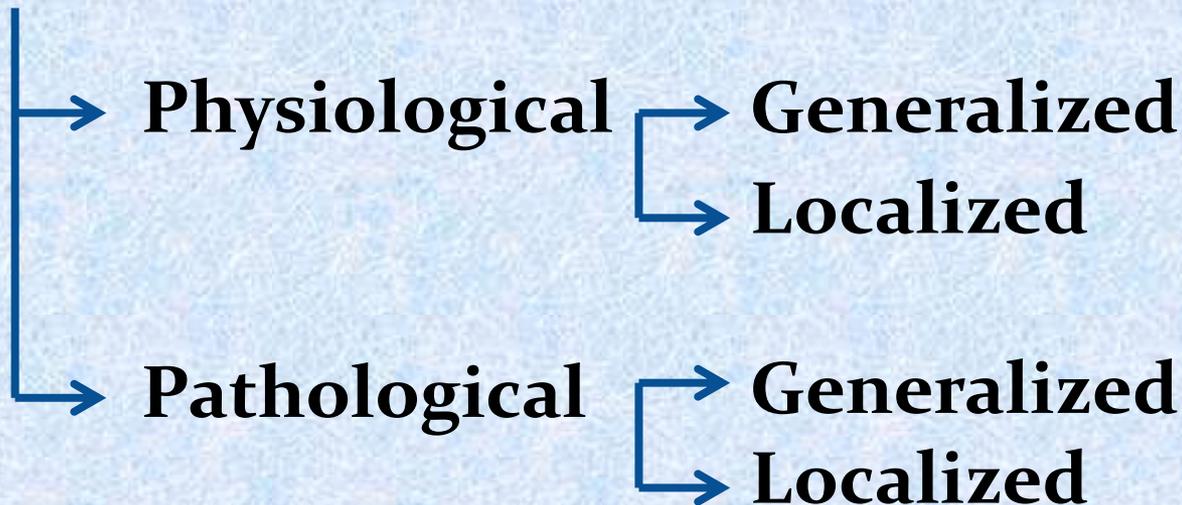
ABNORMAL CELL GROWTH

- **Atrophy:**

- *Definition:*

Acquired ↓ in size and weight of an organ due to ↓ number and/or size of its cell constituent.

- *Types*



ABNORMAL CELL GROWTH

- **Atrophy:**

Physiological atrophy: Also called INVOLUTION

- **Generalized**: ↓ size and weight of the whole body; e.g. senile atrophy in old age
- **Localized**: ↓ size and weight of a certain organ; e.g.
 - *In children:* Remnants of thyroglossal duct, ductus arteriosus and umbilical vessels
 - *In adults:*
 - Atrophy of lymphoid tissue specially thymus after the age of puberty.
 - Atrophy of breast and gonads after menopause.

ABNORMAL CELL GROWTH

- **Atrophy:**

- Pathological atrophy:*

- Generalized:

- **Definition:**  size and weight of the whole body due to a disease process.

- **Examples:**

1. Starvation atrophy: in chronic malnutrition
2. Chronic debilitating disease (due to  rate of catabolism): e.g. TB, diabetes, thyrotoxicosis.
3. Malignant cachexia: in malignant tumours.

ABNORMAL CELL GROWTH

- **Atrophy:**

- Pathological atrophy:*

- Generalized:

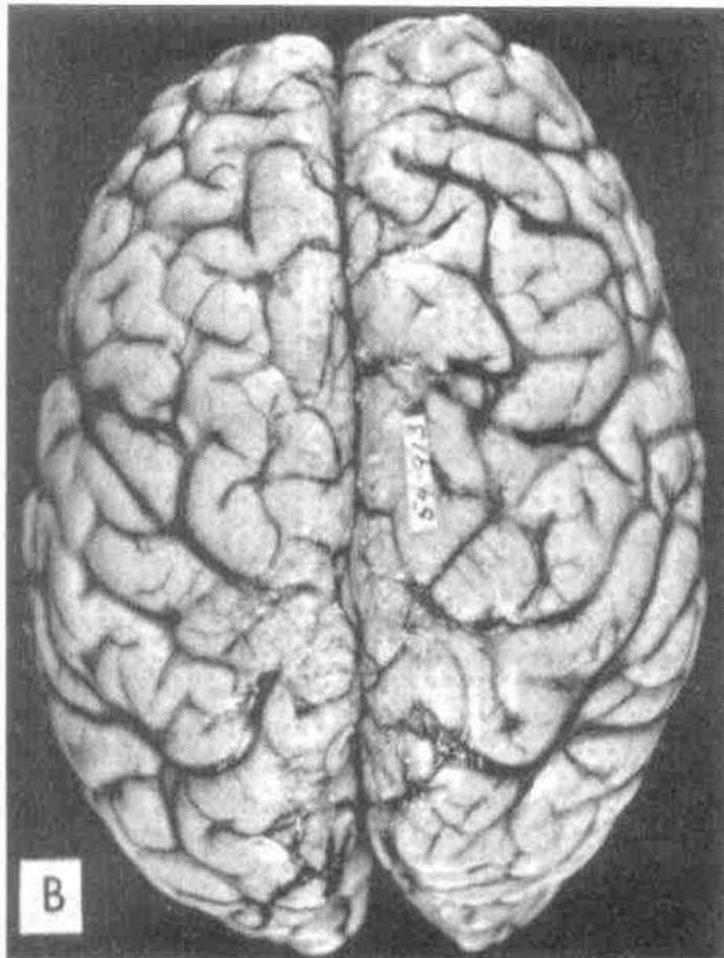
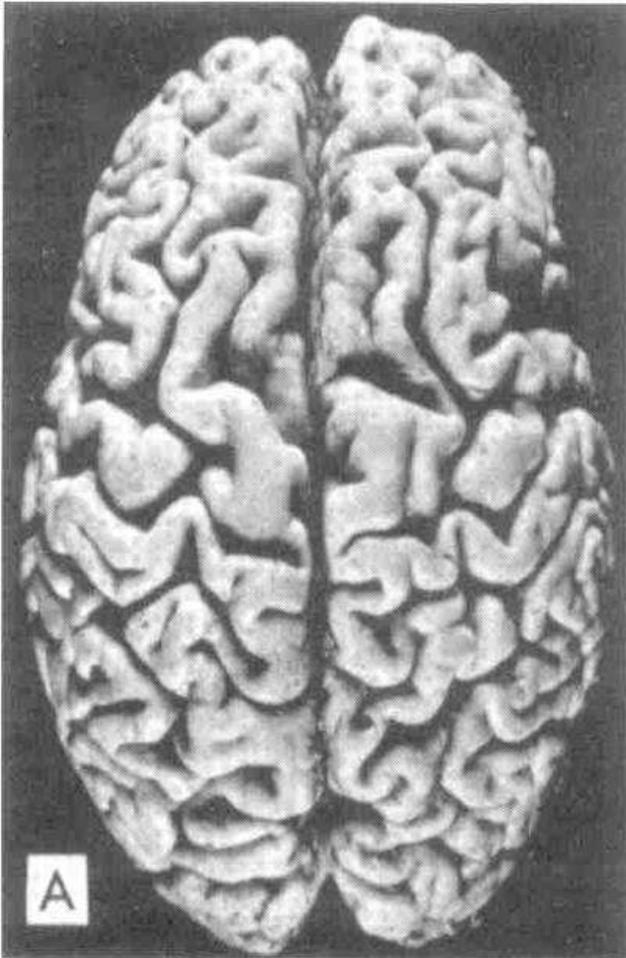
- **General features:**

- ***Skin:*** Wrinkled (due to loss of subcutaneous fat), thin and non elastic.
 - ***Bones:*** rarified and easily fractures due to decalcification and osteoporosis.
 - ***Visceral organs:*** Brown atrophy of the heart and brain atrophy.

ABNORMAL CELL GROWTH

- **Atrophy:**

Pathological atrophy:



ABNORMAL CELL GROWTH

- **Atrophy:**

- Pathological atrophy:*

- **Brown atrophy of the heart:**

- Occurs in cases of sever starvation.
 - Pathological features:
 - The heart become reduced in size
 - The peri-cardial fat is replaced by pale translucent material
 - The blood vessels become tortuous.
 - Lipofuscin pigment accumulate in the cardiac muscle fibers leads to brown color, so called brown atrophy

ABNORMAL CELL GROWTH

- **Atrophy:**

- Pathological atrophy:*

- Localized:

- *Definition:* ↓ size and weight of a diseased organ.

- *Types:*

1. Ischemic atrophy
2. Pressure atrophy
3. Disuse atrophy
4. Neuropathic atrophy
5. Hormonal atrophy
6. Idiopathic atrophy

ABNORMAL CELL GROWTH

- **Atrophy:**

- Pathological atrophy:*

- Localized:

- 1. **Ischemic atrophy:**

- Pathogenesis: ↓ blood supply and hypoxia → gradual apoptosis of the ischemic cells

- Examples:

- Atherosclerosis of coronary arteries → ischemic atrophy of the heart and replacement by fibrous tissue
- Atherosclerosis of cerebral arteries → ischemic atrophy of brain tissue with replacement by glial tissue.

ABNORMAL CELL GROWTH

● Atrophy:

Pathological atrophy:

■ Localized:

2. Pressure atrophy:

- Pathogenesis: Pressure on organ tissue ↓ blood supply and hypoxia → gradual organ ischemia
- Examples:
 - Aortic aneurysm → atrophy of sternum and vertebrae but not the inter-vertebral discs (they are avascular).
 - Peri-portal fibrosis and amyloidosis → atrophy of liver cells

ABNORMAL CELL GROWTH

- **Atrophy:**

- Pathological atrophy:*

- Localized:

- 3. **Disuse atrophy:**

- Pathogenesis: Prolonged unused organ → atrophy of its cells.
- Examples:
 - Prolonged limb immobilization → Atrophy of the affected muscles, ligaments and even bone.
 - Atrophy of the renal tubules that drain non-functioning renal glomeruli.

ABNORMAL CELL GROWTH

- **Atrophy:**

- Pathological atrophy:*

- Localized:

- 4. **Neuropathic atrophy:**

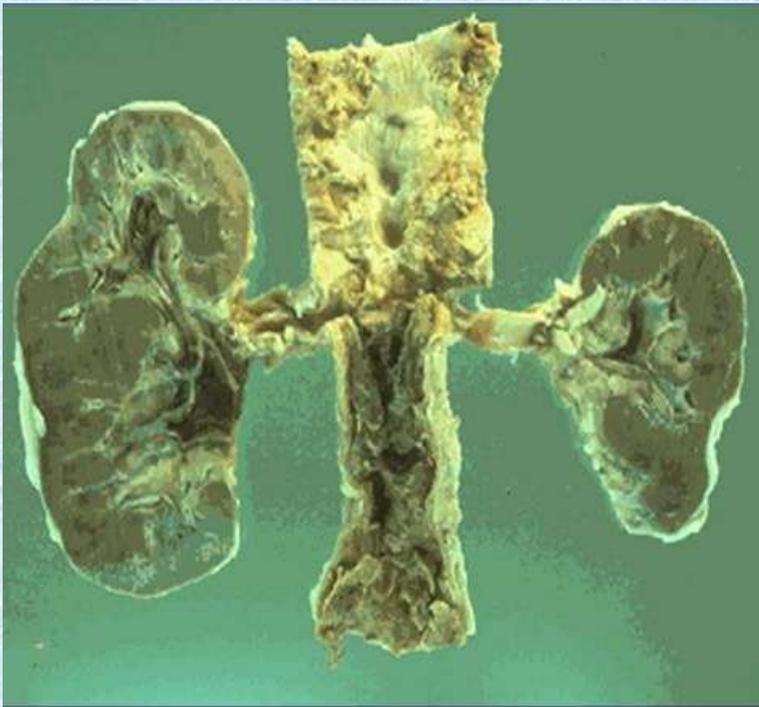
- Pathogenesis: Prolonged unused organ → atrophy of its cells.
- Examples: Hemiplegia, paraplegia and poliomyelitis → Atrophy of affected muscles, ligaments and bone.

- 5. **Endocrine atrophy:**

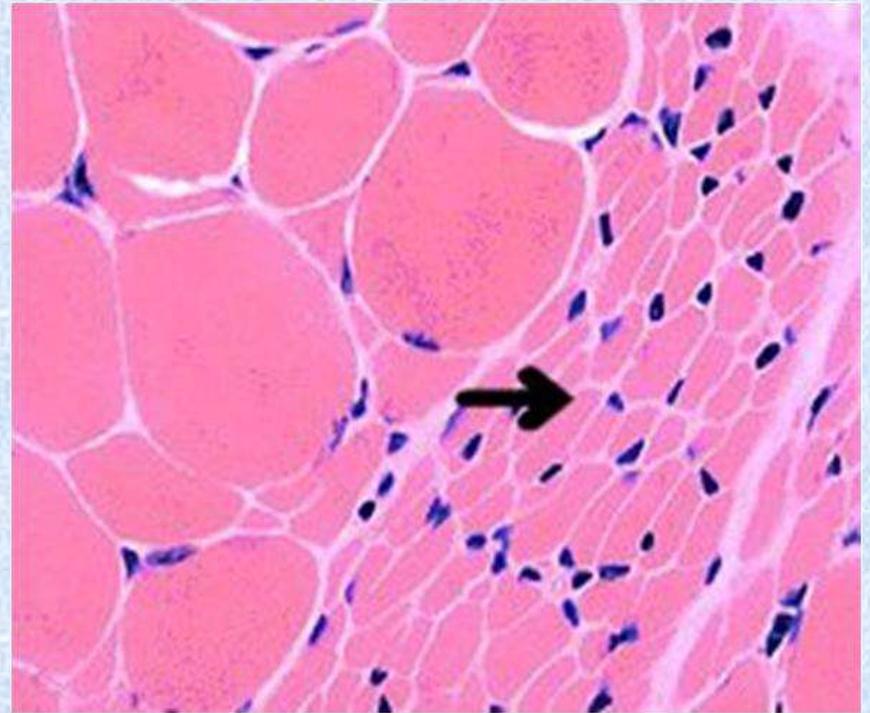
- Pathogenesis: depletion of a hormone → atrophy of this hormone dependent organ.
- Example: atrophy of the breast and uterus after removal of the ovary (oophrectomy).

ABNORMAL CELL GROWTH

- **Atrophy:**



Atrophic kidney



Muscle atrophy

ABNORMAL CELL GROWTH

HYPERPLASIA

ABNORMAL CELL GROWTH

- **Hyperplasia:**

- *Definition:* Increased size of an organ or tissue due to increase in the NUMBER of its cell constituent.

ABNORMAL CELL GROWTH

● Hyperplasia:

- **Definition:** Increased size of an organ or tissue due to increase in the NUMBER of its cell constituent.
- **Features:**
 - Occurs as a result of a specific stimulus.
 - It continues as the stimulus persists
 - Stops when the stimulus is removed.
 - Reversible cell proliferation
 - Has a useful purpose
 - Hyperplasia may be focal or diffuse

ABNORMAL CELL GROWTH

- **Hyperplasia:**

- *Examples:*

- A. Physiological: e.g.

- Increased size of the breast after puberty, during pregnancy and lactation due to excess estrogen and progesterone
- Increased in size of the gonads (ovary and testis) and the secondary sexual organs after puberty due to hormonal change.

ABNORMAL CELL GROWTH

- **Hyperplasia:**

B. Pathological: e.g.

1. *Compensatory hyperplasia: e.g.*

- Hyperplasia of bone marrow after hemorrhage or excessive haemolysis.
- Hyperplasia of one testis after surgical removal of the other one.

2. *Hormonal hyperplasia: e.g.*

- Endometrial and breast hyperplasia as a result of exposure to excess estrogenic stimulation.
- Thyroid epithelial hyperplasia in response to excess TSH leading to thyrotoxicosis.

ABNORMAL CELL GROWTH

- **Hyperplasia:**

B. Pathological: e.g.

3. *Reparative (regenerative) hyperplasia: e.g.*

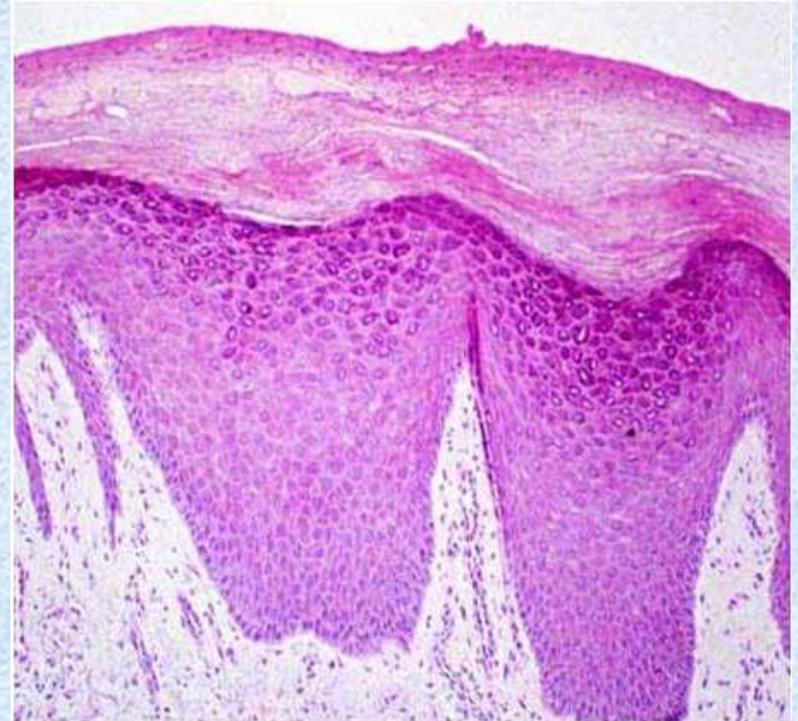
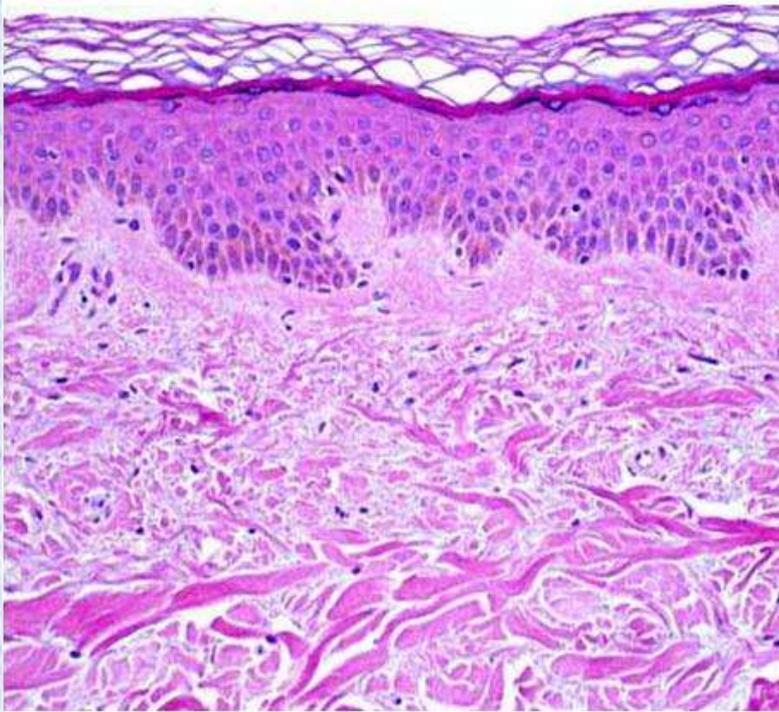
- Formation of regeneration nodules in case of liver cirrhosis

4. *Irritative hyperplasia e.g.*

- Hyperplasia of lymphoid tissue during chronic infection and toxemia which is due to antigenic stimulation.

ABNORMAL CELL GROWTH

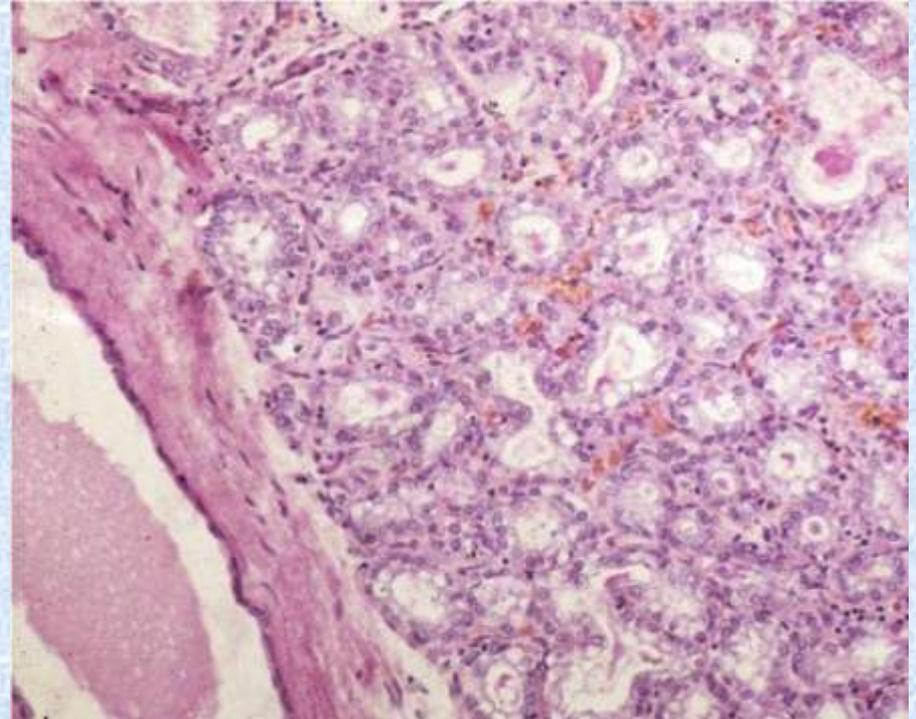
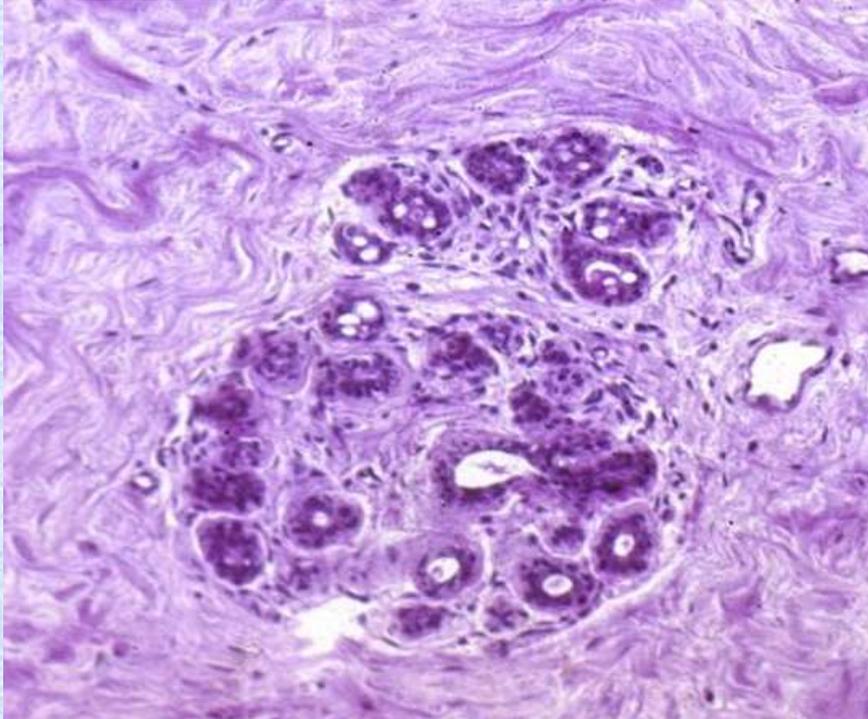
- **Hyperplasia:**



Please.....Comment???

ABNORMAL CELL GROWTH

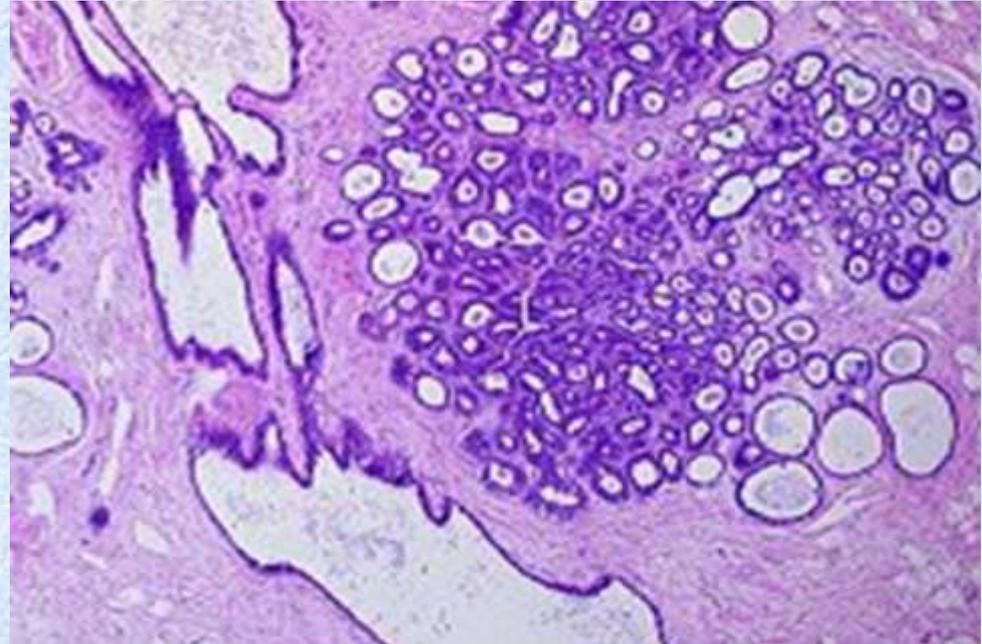
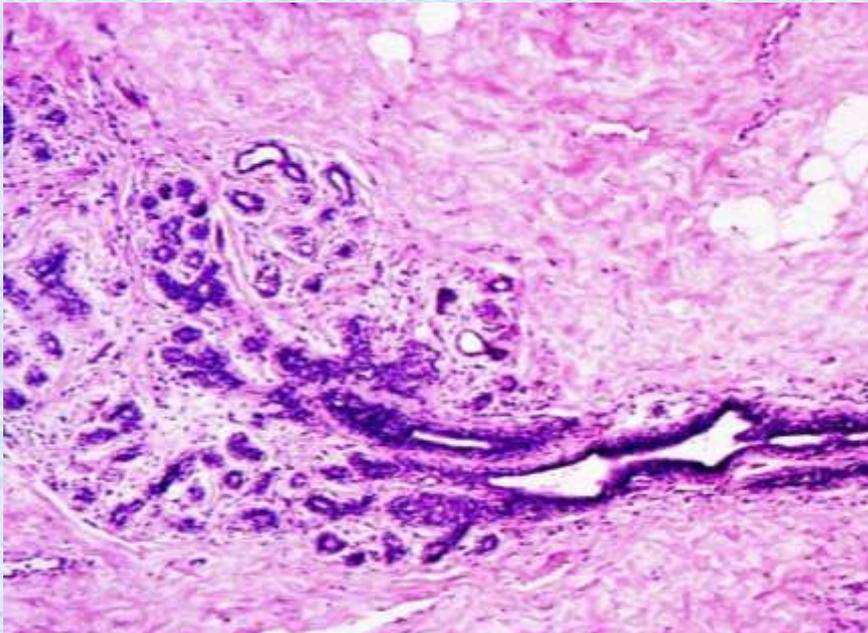
- **Hyperplasia:**



Breast.....Comment???

ABNORMAL CELL GROWTH

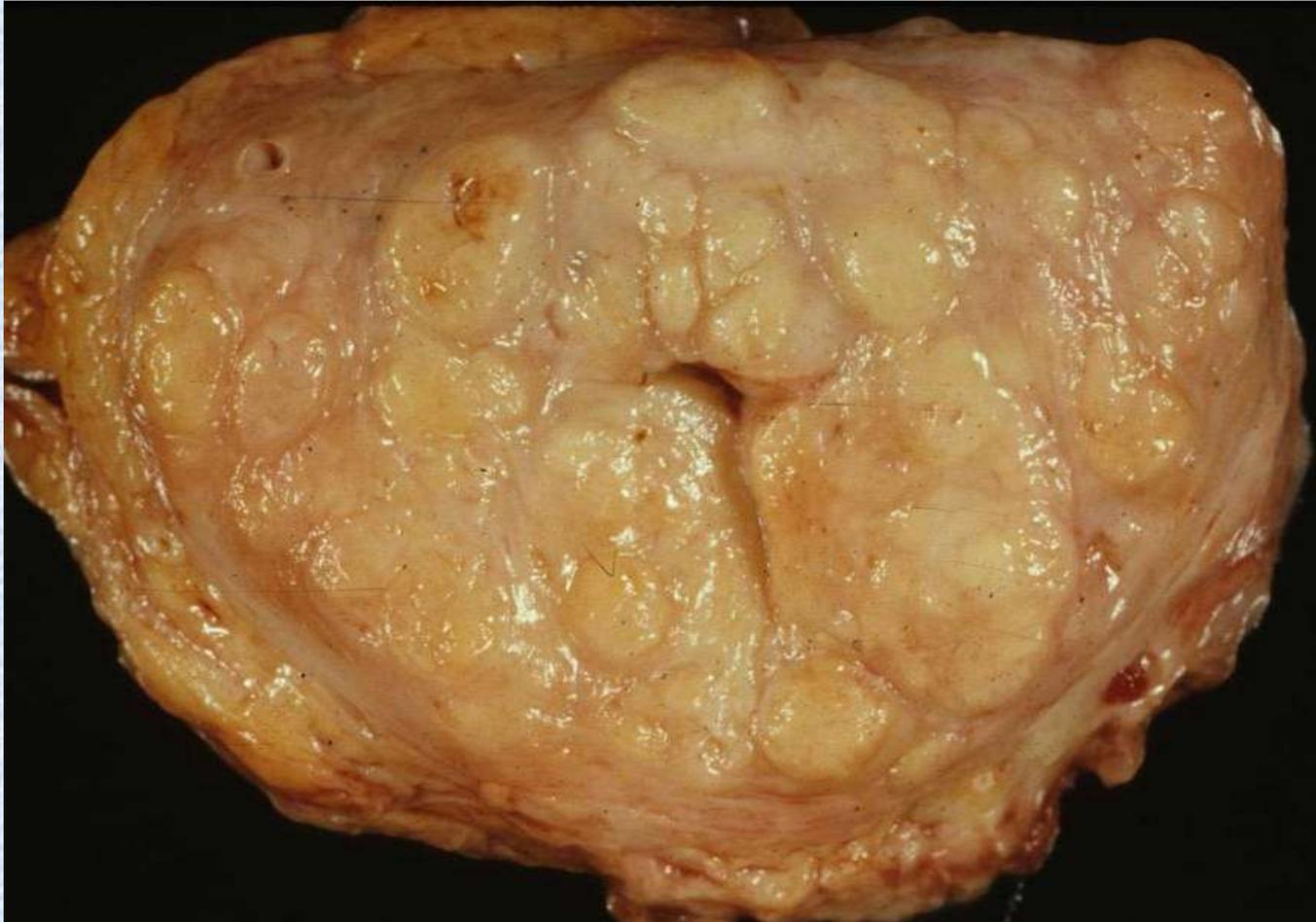
- **Hyperplasia:**



**Breast.....
Comment???**

ABNORMAL CELL GROWTH

- **Hyperplasia:**



Prostate.....Comment???

ABNORMAL CELL GROWTH

Hypertrophy

ABNORMAL CELL GROWTH

- **Hypertrophy:**

Definition:

- Increase in size of an organ or tissue due to increase in the SIZE of its cell constituent.

ABNORMAL CELL GROWTH

● Hypertrophy:

Features

- The stimulus is always a mechanical.
- Occurs in permanent cells which cannot divide to compensate excessive functional demand.
- Hypertrophy should be distinguished from hyperplasia, in which there is  in cell number.
- Hypertrophy and hyperplasia occur frequently together, e.g. enlargement of uterus during pregnancy.
- Pure hypertrophy without accompanying hyperplasia occurs only in athletic muscles.

ABNORMAL CELL GROWTH

- **Hypertrophy:**

Types:

A. Physiological hypertrophy: e.g.

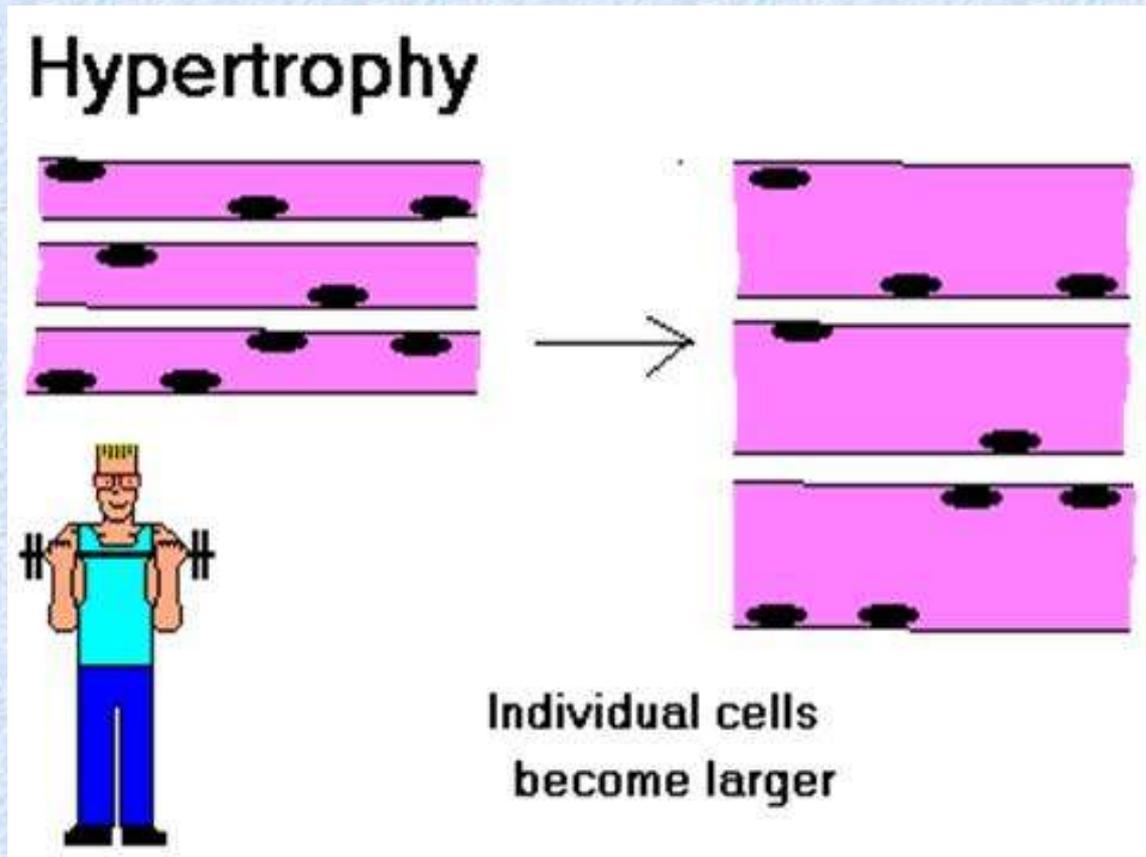
- Uterus in pregnancy in which is partly mechanical and partly hormonal due to estrogen effect.
- Skeletal muscle: in muscles of the athlete due to the mechanical work overload.

ABNORMAL CELL GROWTH

- **Hypertrophy:**

Types:

A. Physiological hypertrophy: e.g.



ABNORMAL CELL GROWTH

● Hypertrophy:

Types:

B. Pathological hypertrophy: e.g.

□ *Adaptive hypertrophy:*

1. Cardiac muscle: Due to work overload; e.g.:

Left ventricle:

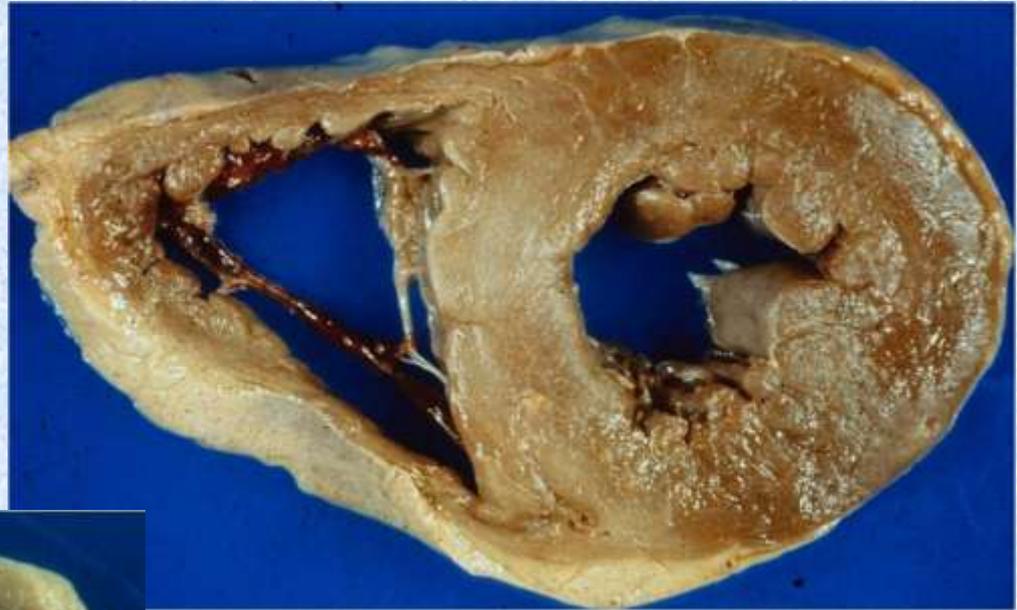
- Aortic stenosis or incompetence
- Mitral incompetence
- Systemic hypertension
- Severe anemia
- Thyrotoxicosis

Right ventricle:

- Pulmonary stenosis and incompetence
- Mitral stenosis
- Pulmonary hypertension
- Congenital left to right shunt as ASD, VSD, PDA

ABNORMAL CELL GROWTH

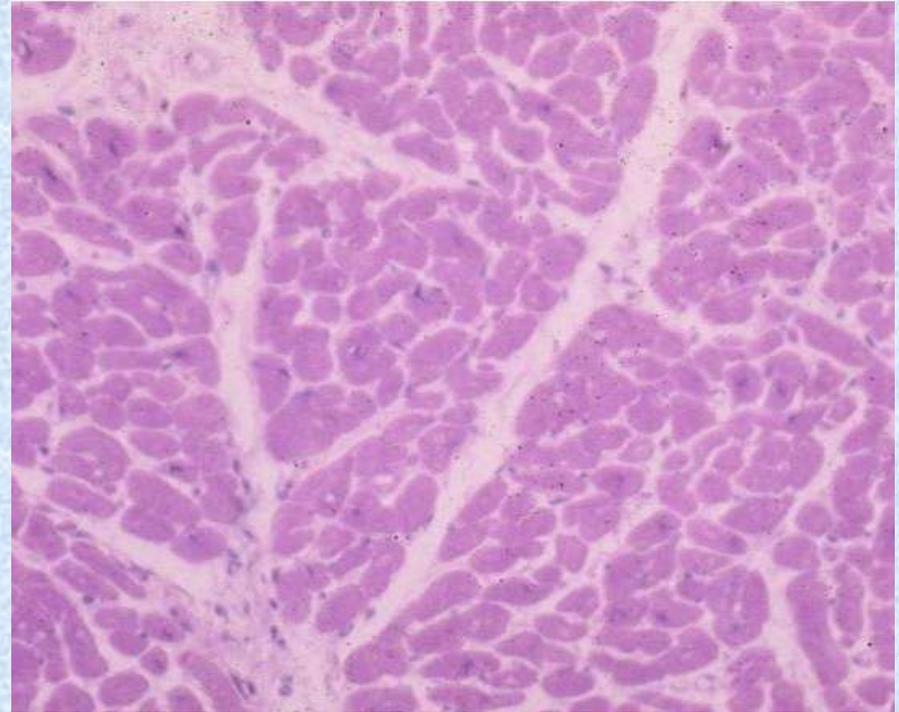
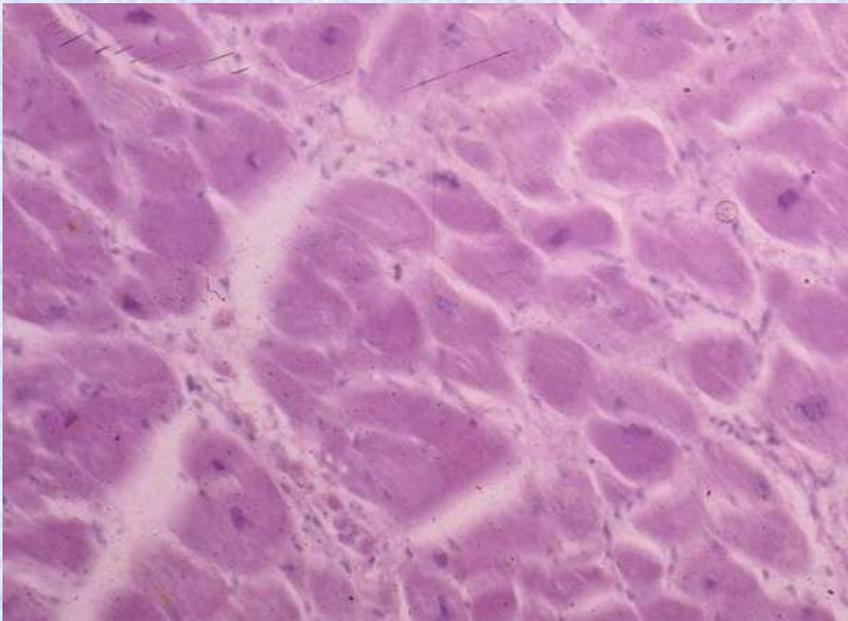
- **Hypertrophy:**



**Myocardium.....
.....Comment???**

ABNORMAL CELL GROWTH

- **Hypertrophy:**



**Myocardium.....
.....Comment???**

ABNORMAL CELL GROWTH

- **Hypertrophy:**

Types:

B. Pathological hypertrophy: e.g.

□ *Adaptive hypertrophy:*

2. GIT hypertrophy: Due to work overload; e.g.:

➤ Esophagus: as in post inflammatory stenosis or stricture by a tumour at distal esophagus.

➤ Stomach: as in congenital pyloric stenosis or healed peptic ulcer or stenosis by a tumour.

➤ Intestine: as in healed TB, healed gastroenteritis, or annular tumour.

ABNORMAL CELL GROWTH

- **Hypertrophy:**

Types:

B. Pathological hypertrophy: e.g.

- *Adaptive hypertrophy:*

- 3. Wall of Urinary bladder: as in bladder neck obstruction by benign prostatic hyperplasia and urethral stricture.

- 4. Arteries: in muscle wall due to hypertension

- *Compensatory hypertrophy*: in paired organs when one is pathologically destroyed or surgically removed; nephrectomy of one kidney leads to hypertrophy and enlarged size of the other kidney.

ABNORMAL CELL GROWTH

- **Hypertrophy:**

Which is more serious??

- ATROPHY*
- HYPERPLASIA*
- HYERTROPHY*

Abnormal cell DIFFERENTIATION

Abnormal cell DIFFERENTIATION

METAPLASIA

Abnormal cell DIFFERENTIATION

- **Metaplasia:**

Definition:

A change of one type of differentiated (mature) tissue to another type of differentiated tissue of the same category.

Abnormal cell DIFFERENTIATION

- **Metaplasia:**

Definition:

A change of one type of differentiated (mature) tissue to another type of differentiated tissue of the same category.

Types:

- A. Epithelial metaplasia
- B. Connective tissue metaplasia
- C. Tumor metaplasia

Abnormal cell DIFFERENTIATION

- **Metaplasia:**

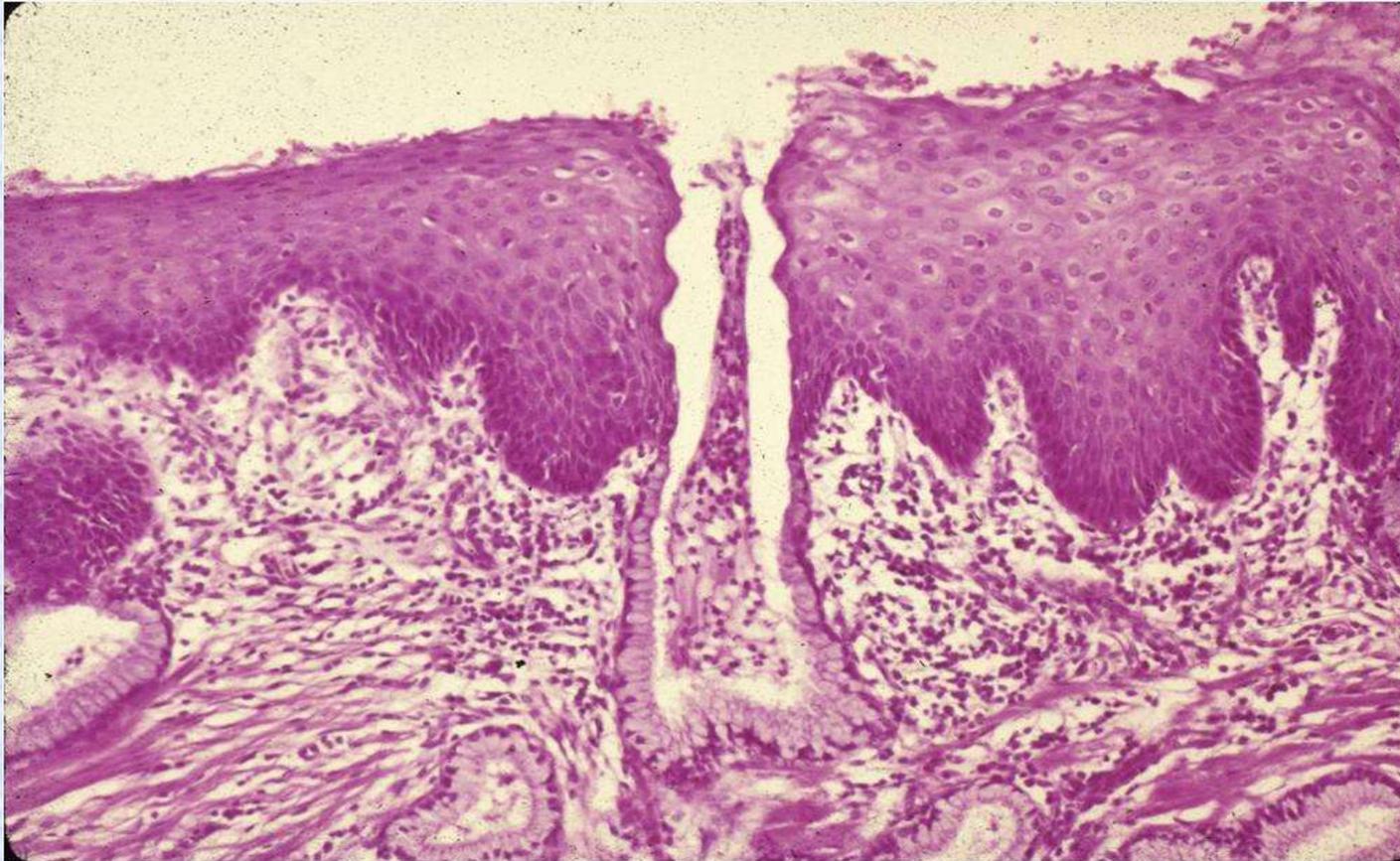
- A. Epithelial metaplasia:*

- 1. Squamous metaplasia:** Any type of epithelium change to sq. epithelium due to persistent chronic irritation, chronic infection or stones e.g.

- UB and renal pelvis: transitional → sq. epithelium in bilharziasis, cystitis, pyelonephritis or renal stones
 - Gall bladder: columnar to → sq. epithelium as in chronic cholecystitis and gall stones.
 - Bronchi: pseudo-stratified columnar ciliated → sq. epithelium in cases of smoking, chronic bronchitis, bronchiectasis, lung abscess , and TB.

Abnormal cell DIFFERENTIATION

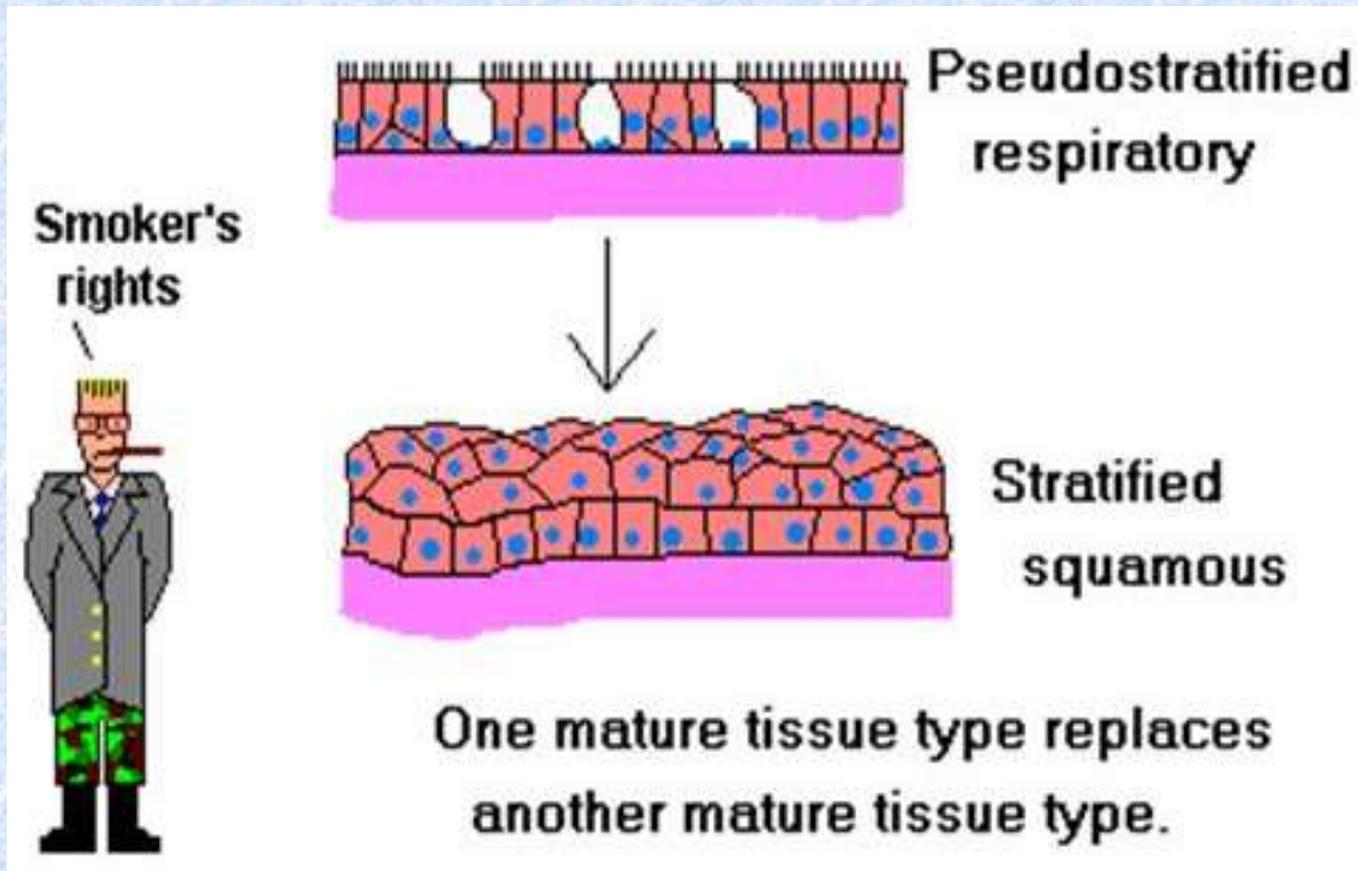
- **Metaplasia:**
A. Epithelial metaplasia:



Endocervix.....Comment???

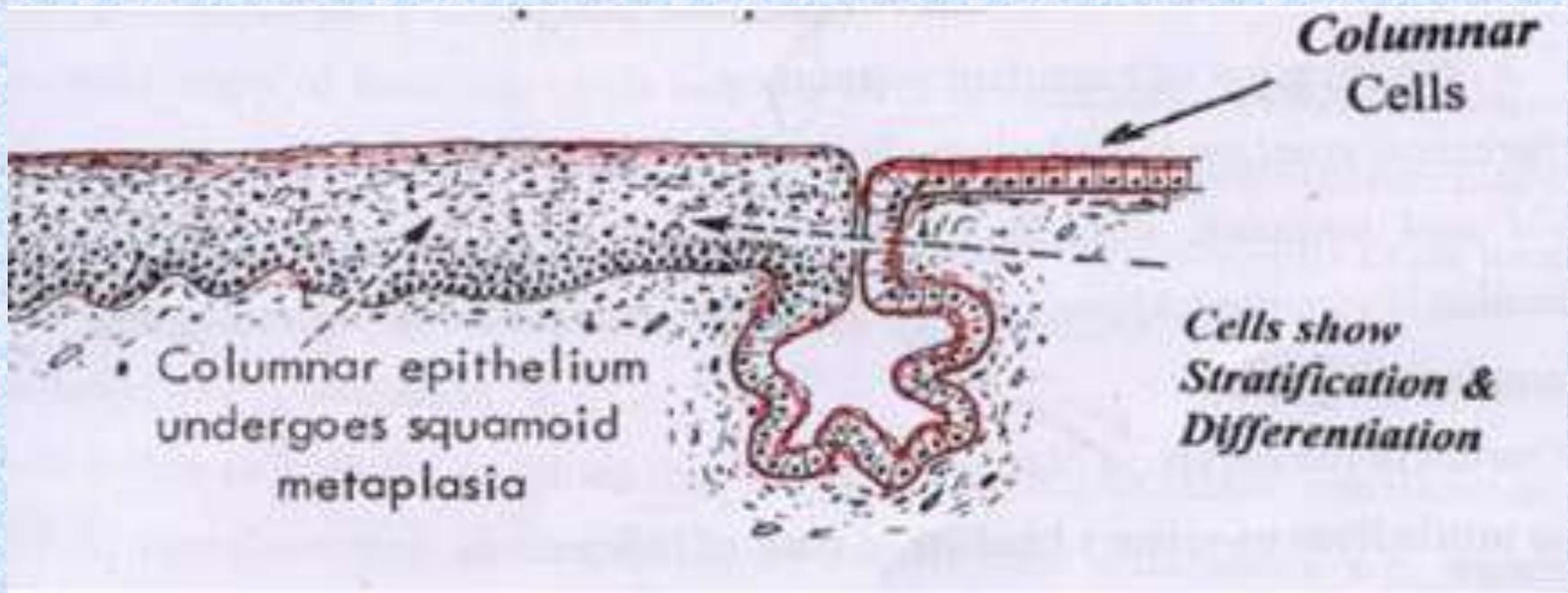
Abnormal cell DIFFERENTIATION

- **Metaplasia:**
A. Epithelial metaplasia:



Abnormal cell DIFFERENTIATION

- **Metaplasia:**
 - A. Epithelial metaplasia:*



Abnormal cell DIFFERENTIATION

- **Metaplasia:**

- A. Epithelial metaplasia:*

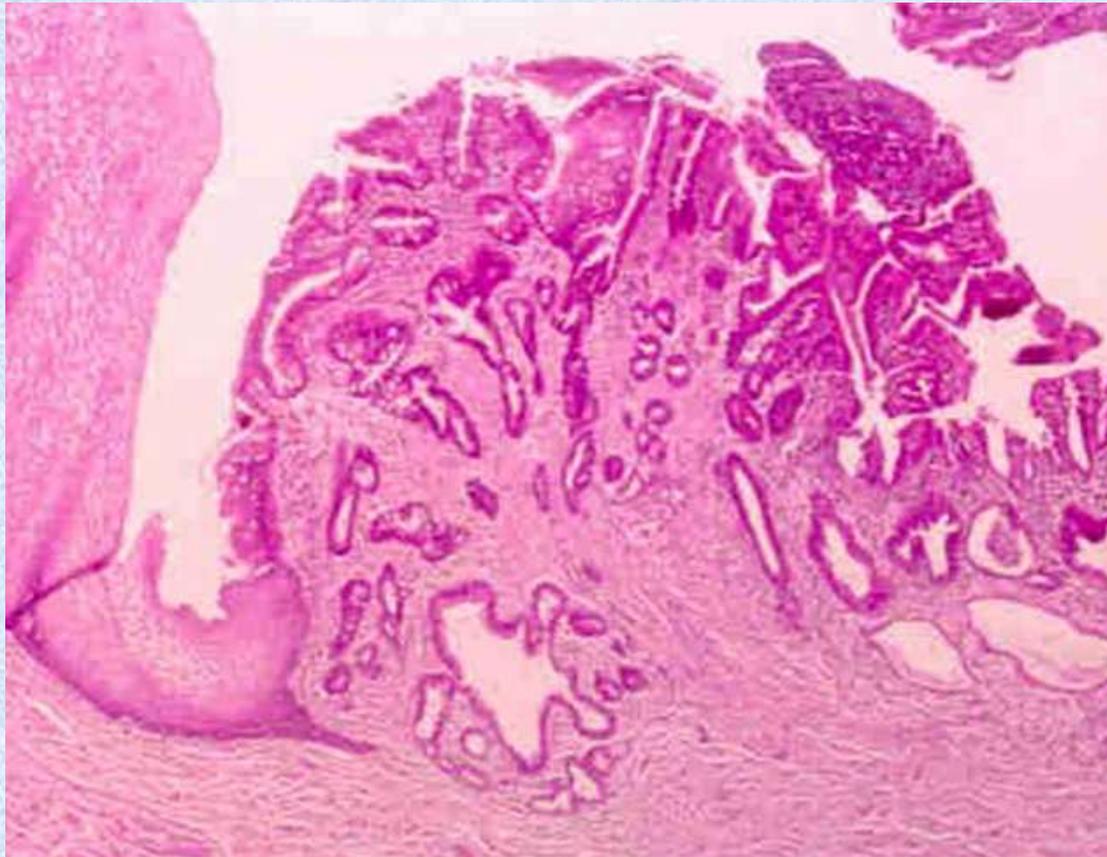
- 2. Glandular metaplasia:** change of one type of epithelium into columnar epithelium e.g.

- Uterus: squamous epithelium of the ectocervix → columnar epithelium in cases of cervical erosion.
 - Oesophagus: squamous epithelium of lower oesophagus → columnar epithelium in cases of reflux oesophagitis (Barrett's oesophagitis, pre-cancerous lesion)
 - Stomach: gastric epithelium → columnar intestinal epithelium in cases of peptic ulcer

Abnormal cell DIFFERENTIATION

- **Metaplasia:**

- A. Epithelial metaplasia:*



Lower oesophagus.....Comment???

Abnormal cell DIFFERENTIATION

- **Metaplasia:**

- B. Connective tissue metaplasia:*

- Osseous metaplasia: soft tissue lesions → bone due to dystrophic calcification. e.g.
 - Scars, atheromatous lesion, long standing goiter, and caseous foci of tuberculosis.
 - Haematoma change to bone due to dystrophic calcification in case of myositis ossificans

- C. Serosal metaplasia:*

- Change of the flat serosal cells to cuboidal columnar, glandular or squamous cells

Abnormal cell DIFFERENTIATION

- **Metaplasia:**

- D. Tumour metaplasia:*

- Adenocarcinoma of the uterus, gall bladder or lung may contain foci of squamous cells carcinoma.
 - Adenocarcinoma of the breast may contain foci of mucoid metaplasia.
 - Stromal tumours or connective tissue tumours may show foci of bone differentiation.

Abnormal cell DIFFERENTIATION

DYSPLASIA

Abnormal cell DIFFERENTIATION

- **Dysplasia:**

- *Definition:* means partial loss of differentiation.

Abnormal cell DIFFERENTIATION

● Dysplasia:

- *Definition:* means partial loss of differentiation.

- *Features*

- The involved epithelium shows features of cellular atypia or features of malignancy

- Pleomorphism (variation in cell size and shape).

- Hyperchromatic nuclei

- Increased nucleo-cytoplasmic ratio

- Increased mitotic activity.

- Loss of polarity (orientation) of cells.

- Impaired function.

- No invasion of basement membrane.

Abnormal cell DIFFERENTIATION

● Dysplasia:

- *Definition:* means partial loss of differentiation.

- *Features*

- The involved epithelium shows features of cellular atypia or features of malignancy

- Pleomorphism (variation in cell size and shape).

- Hyperchromatic nuclei

- Increased nucleo-cytoplasmic ratio

- Increased mitotic activity.

- Loss of polarity (orientation) of cells.

- Impaired function.

- **No invasion of basement membrane.**

Abnormal cell DIFFERENTIATION

- **Dysplasia:**

- *Aetiology:*

It represents reaction to underlying inflammation or to chronic irritation.

- *Grades:*

1. Mild: Dysplastic change involve only basal $1/3$ of the epithelium.
2. Moderate: Dysplastic change involve only basal $2/3$ of the epithelium.
3. Severe: Dysplastic change involve all layers of the epithelium.

NB: Sever dysplasia = carcinoma in situ

Abnormal cell DIFFERENTIATION

- **Dysplasia:**

- *Common sites*

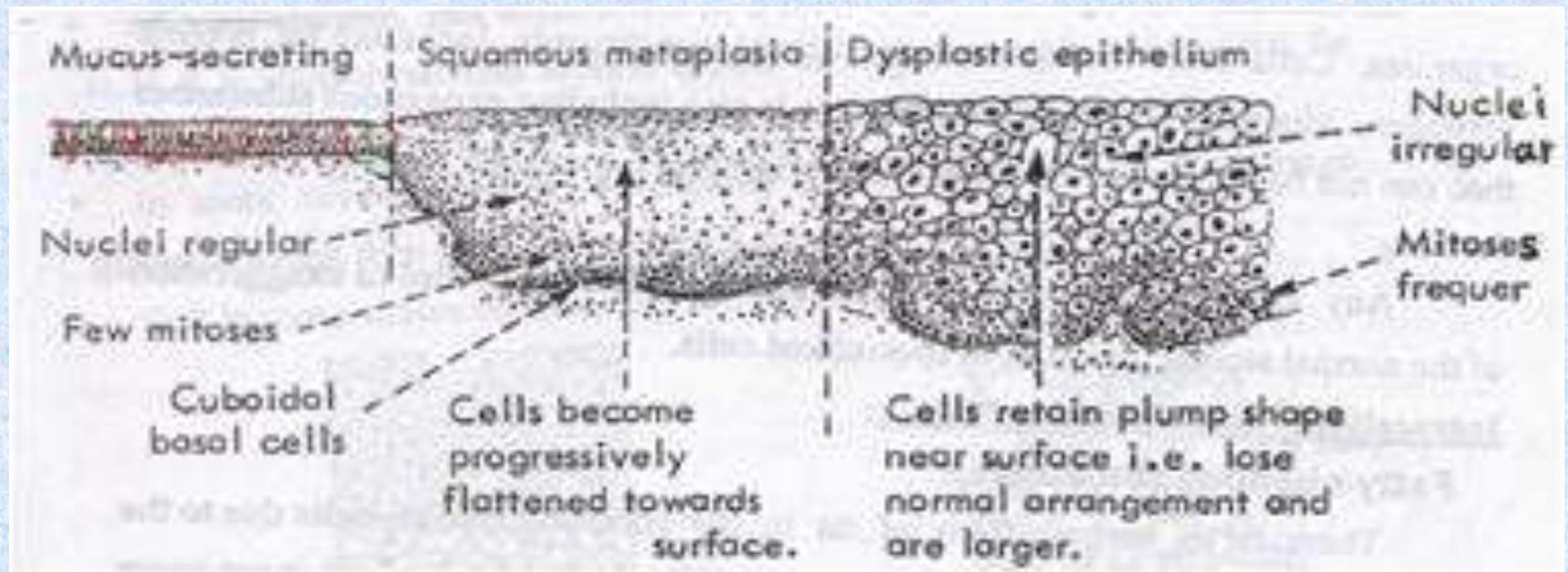
1. Cervix uteri
2. Skin and mucous membranes
3. Liver

- *Fate:*

- Mild and moderate dysplasia are reversible when the evoking stimulus is removed.
- Severe degree is pre-malignant.

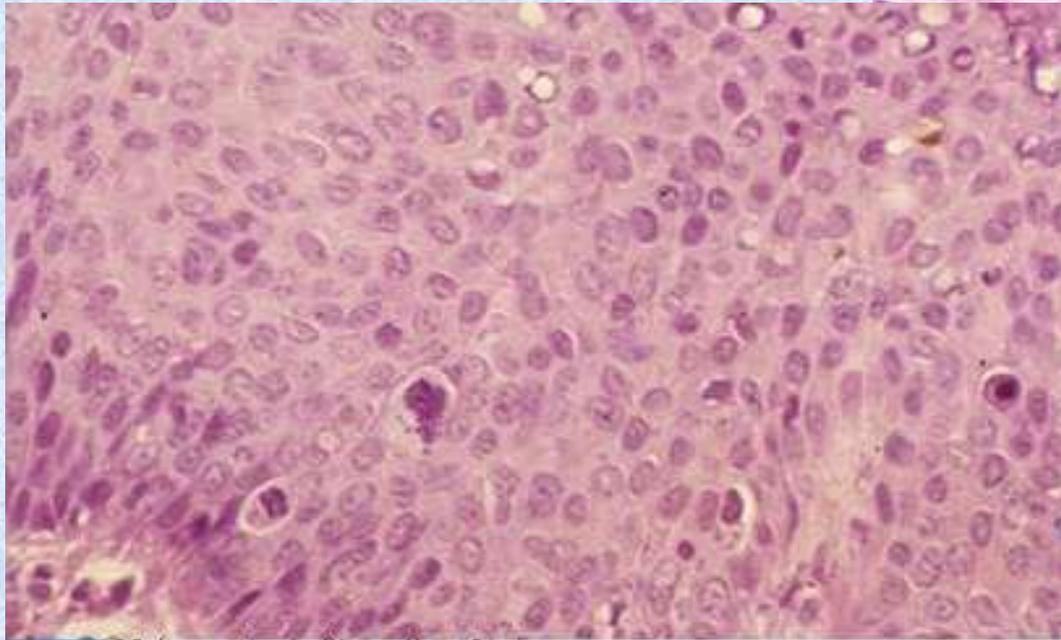
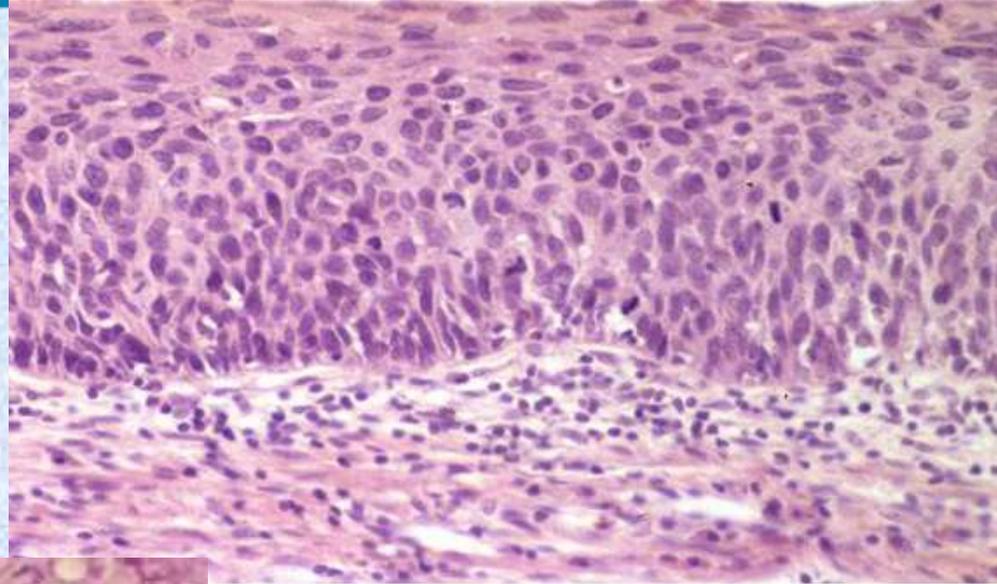
Abnormal cell DIFFERENTIATION

- **Dysplasia:**



Abnormal cell DIFFERENTIATION

- **Dysplasia:**



Comment???

GOOD LUCK

Dr. Ahmed Roshdi